

YOUTH SPORTS CONTACT DIRECTORY

Last updated 7.19.19

Baseball/Softball/TBall	Contact	Telephone	Web address
St. Mary's Little League	Bart Ludlow	301-481-3043	http://www.stmaryslittleleague.org small.president@gmail.com
St. Mary's Babe Ruth Baseball	Bob Richardson	301-481-5533	http://smbri.baberuthonline.com/ SMBRLeague@gmail.com
St. Mary's County T-Ball Youth Organization	John Cockerham		https://tshq.bluesombrero.com/Default.aspx?tabid=2372510
Basketball	Contact	Telephone	Web address
R&P Sponsored Youth Basketball	R&P Coordinator: Kenny Sothoron	301-475-4200	www.stmarysmd.com/recreate/youthbball Kenny.sothoron@stmarysmd.com
Bicycle Motorcross	Contact	Telephone	Web address
Southern Maryland BMX	Holly Borrer	240-925-7239	www.somdbmx.com holly2162@gmail.com
Cheerleading	Contact	Telephone	Web address
Cougars Elite Cheerleading	Maya Velez OR Tami Trent		cougarselite@gmail.com cougarselite.tami@gmail.com
R&P Sponsored Middle School Cheerleading	R&P Coordinator: Darrick Sesker	301-475-4200	www.stmarysmd.com/recreate/cheerleading darrick.sesker@stmarysmd.com
Football	Contact	Telephone	Web address
Leonardtown Wildcats	Tim Norris		www.leonardtownwildcats.org leonardtownwildcats@gmail.com
Mechanicsville Braves	Rick Albright		http://www.mechanicsvillebraves.org/ bravesinfo@mechanicsvillebraves.org
Pax River Raiders	Dave Burris		http://www.paxriverraiders.org/

St. Mary's Youth NFL Flag Football League	Dominique Zellner or Israel Jordan	718-309-3775 301-481-6083	www.smcys.org STMYFFL@gmail.com
Lacrosse	Contact	Telephone	Web address
R&P Sponsored Indoor Lacrosse	R&P Coordinator: Kenny Sothoron	301-475-4200	Kenny.sothoron@stmarysmd.com
Mechanicsville Youth Lacrosse	Melinda Sampson	240-682-5430	http://mylc.leagueapps.com/ melindak05@hotmail.com
St. Mary's Girls Lacrosse League	Cynthia Lisa		http://www.smgl.org/ info@smgl.org
St. Mary's Lacrosse Club	Jonothan Sola	240-298-4085	http://www.smylc.org stmarysyouthlacrosseclub@gmail.com
Roller Hockey	Contact	Telephone	Web address
R&P Sponsored Indoor Roller Hockey	R&P Coordinator: Kenny Sothoron	301-475-4200	Kenny.sothoron@stmarysmd.com
Rugby	Contact	Telephone	Web address
Youth - Patuxent River Rugby	Steve Johnstone	301-481-9197	http://www.paxrugby.com/ youth@paxrugby.com
Soccer	Contact	Telephone	Web address
R&P Sponsored Indoor Soccer	R&P Coordinator: Kenny Sothoron	301-475-4200	Kenny.sothoron@stmarysmd.com
St. Mary's Soccer	Rick Watts Maria Scott	240-587-2667	president@stmaryssoccer.org operations@stmaryssoccer.org
Tennis	Contact	Telephone	Web address

USTA JR Team Tennis	Brian Abell		http://stmarystennis.org/
Wrestling	Contact	Telephone	Web address
Wrestling	Bobby Samuels		http://www.stmaryswrestling.org/ coach@stmaryswrestling.org

ADULT SPORTS CONTACT DIRECTORY

Bicycle Motorcross	Contact	Telephone	Web address
Southern Maryland BMX	Frank Bohannon Dave Rivera	301-466-0508 240-431-8034	www.somdbmx.com
Lacrosse	Contact	Telephone	Web address
Lacrosse	Don Behrens	301-481-8665	http://www.smylc.org dabehrens@gmail.com
Rugby	Contact	Telephone	Web address
Patuxent River Rugby	John Brennan	301-862-1545	http://www.paxrugby.com/ jbrennanphd@gmail.com
Soccer	Contact	Telephone	Web address
St. Mary's Regional Adult Co-Ed Outdoor Soccer	Kevin Craft		http://www.smcoedsoccer.com/ smcoedsoccer@smcoedsoccer.com
Tennis	Contact	Telephone	Web address
St. Mary's County Tennis Association	Alan Turrill		http://www.stmarystennis.com
USTA League Tennis (Adults & Seniors) St. Mary's Co League	Virginia King		http://www.stmarystennis.com