

# RSVP

## Volunteer Opportunities

### For Seniors 55+ Years of Age



#### **Home-Delivered Meals Volunteer Drivers**

Deliver nutritious meals to homebound seniors. Drivers use their own vehicle. Mileage reimbursement available if needed. Delivery drivers needed throughout St. Mary's County. Volunteers provides mid-day meal delivery from about 11:30 a.m.—1:30 p.m. Variety of shifts available to suit most schedules. Training provided.

#### **Senior Rides Volunteer Driver**

Drive homebound seniors to doctor's appointments, shopping, and other important errands using your own car throughout St. Mary's County and Southern Maryland. Mileage reimbursement available if needed. Volunteers able to drive to DC, Baltimore, Annapolis, & Prince Frederick are especially needed.

#### **Hospice of St. Mary's**

Patient care volunteers needed, especially in Northern part of county. Also need volunteers to read to hospice patients in local nursing homes or help in office preparing admission packets, Training provided. Next training date is in January; advance registration required.

#### **Senior Vibes**

If you like to sing or play an instrument, join this group that performs for seniors in the community. One practice & three performances per month. Very friendly group.

#### **Adult Literacy Tutor**

Tutor persons age 18+ in reading and/or math skills. Requires patience and sensitivity. Especially suited to volunteers with teaching or counseling experience. Training provided.

#### **Tax Aide**

Help seniors prepare basic tax returns. Requires good math and computer skills for e-filing. Substantial training in January; must pass test; volunteer throughout tax season.

#### **Museum Guides**

Help lead tours, assist with museum events, monitor gift shop, plus administrative and grounds-keeping assistance. Volunteers also needed to assist with educational programming and activities.

#### **S.W.A.T Team: "Seniors With Available Time" for Special Events & Projects**

Help with one-day special events and projects, such as the annual Health Fair sponsored by the Department of Aging and Human Services.

*For information on these & other volunteer opportunities with  
The Retired & Senior Volunteer Program (RSVP) of St. Mary's County,  
contact Norine Rowe, RSVP Project Manager, at 301-475-4200, ext. 71653,  
or e-mail [Norine.Rowe@stmarysmd.com](mailto:Norine.Rowe@stmarysmd.com)*

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### **A Community That Shares (ACTS)**

Volunteers answer requests for free medical equipment or work in warehouse repairing equipment. Office volunteers work a four-hour shift answering phone calls and arranging for equipment pick-up. ACTS warehouse is located in the 7th District of St. Mary's County in Avenue. Variety of shifts available.

### **Volunteers for Vets**

Volunteers are needed to provide friendly visitation to Veterans residing at Charlotte Hall Veterans Home. You can provide a friendly face and listening ear to cheer the day of one of these Veterans. Volunteers visit, talk, listen, and read with a Veteran as well as escort them to special activities. Also, Commanders Closet volunteers are needed, 1-2 days/week, 10 a.m.-2 p.m. Technology Support volunteers assist Veterans with computers, tablets, and cell phones.

### **Patuxent Habitat for Humanity, Open Tues.—Sat., 10 a.m.—5 p.m.**

Volunteers are needed to help out at the new Habitat for Humanity ReStore in Lexington Park providing customer assistance or helping to receive, price, and place items for sale. Many other volunteer opportunities are available such as fundraising, public relations, computer data entry, home renovations, and more! No set hours but would like a weekly commitment. Also need Volunteers for Aging in Place Program initiative.

### **Teen Court Program**

This innovative and highly successful youth diversion program provides teens charged with misdemeanors an opportunity to get their lives back on track and have their juvenile records expunged. Volunteers are needed to serve as Jury Monitors and Courtroom Assistants for the Teen Court Program. Courtroom volunteers should have experience working with teens, youth groups, counseling, law enforcement, or education. Also needed are volunteers with good administrative skills to help with filing and office tasks. T

### **Senior Activity Centers - Northern, Garvey, and Loffler**

Multiple Volunteer Opportunities available at our Senior Activity Centers including Group Activity Leaders, Special Event/Project Assistants, Computer Tutors, Touch-Screen Monitors, Administrative Assistance, Grounds-keeping, Jewelry-Making Instructor, & more!

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