

**St. Mary's County Government 3rd Annual Citizen's Academy  
Northern Senior Activity Center  
Tuesday, September 13, 2016**

St. Mary's County Department of Aging & Humans Services (SMCDAHS)  
Home & Community-Based Services Division (HCBS)  
Long-Term Support Services (LTSS)

**Overview**

The SMCDAHS Division of Home and Community Based Services consists of 10 Programs and Services designed to provide assistance to aging citizens, those living with a disability, those with multiple complex health conditions and their families/care providers, so they may continue living safely and independently in their homes in the community.

**Home & Community Based Services Division**

The Home & Community Based Services Division provides programs, coordinates services, educates, assists, supports and serves the aging population, those living with a disability and those who provide care and services for them. In addition, prolong or alleviate the need for long-term care institutionalization, provide advocacy to those who do reside in long-term care settings and provide Guardianship of Person to individuals 65+ who may no longer be able to make informed decisions regarding their healthcare and place of residence.

**Staff:**

Rebecca Kessler, Division Manager

Stacie Prinkey, Ombudsman & Senior Care Programs

Daphne Benneer, Community First Choice, National Family Caregiver Support Program, Respite, In-Home Services

Lisa Berry, Case Manager, Community First Choice

Vacancy, Maryland Access Point (MAP) Coordinator

## **Volunteers:**

Rose Miller, Certified Volunteer Ombudsman

Taylor Gregg, Certified Volunteer Ombudsman

## **Programs & Services**

1. Aging & Disability Resource Center/Maryland Access Point (ADRC/MAP)
2. Community First Choice
3. Community Options Waiver
4. Increased Community Services
5. Money Follows the Person Program
6. Senior Care Program
7. Caregiver Support & Respite
8. In-Home Aid Services
  - Personal Emergency Response System
  - Housekeeping Services
  - Personal Care/Home Care
9. Long-Term Care Ombudsman
10. Public Guardianship

**Contact Information:** **Rebecca Kessler**  
**Garvey Senior Activity Center**  
**301-475-4200, \*1061**  
**Rebecca.kessler@stmarysmd.com**