

THERAPEUTIC RECREATION

PARENTING WITH LOVE AND LOGIC

Parenting is not supposed to be hard but all too often it is. This program is for parents, and teachers. It is a “user friendly” and often highly successful program that is heavily wrapped in empathy but does not shield children from consequences of their actions. It empowers children to solve their problems and helps parents change their behaviors to relieve stress and pressure. Of course, nothing works all the time, but this anecdotal program and the expertise of your presenter will, in a safe and non-threatening environment, invite you to change the only person you can change, yourself.

FOR PARENTS

CODE: 420107A

Ages: 18 & UP

Date: 7/6- 8/3

Day: Tuesday (5 weeks)

Time: 5:30 - 7:30pm

Fee: \$50.00 (\$14 for workbook due to instructor first day of class)

Location: Hollywood Recreation Center, conference room [Map/Directions](#)



FOR EDUCATORS/CHILDCARE WORKERS

Graduate Credit available for teachers. MSDE CEU available for child care providers, para-educators and subs. Reimbursement available for St. Mary's County Public Schools with prior approval from HR department. Contact instructor for more information prior to the start of class.

CODE: 420107B

Ages: 18 & UP

Date: 7/8- 8/5

Day: Thursday (7 weeks)

Time: 5:30 - 7:30pm

Fee: \$50.00 (\$14 for workbook due to instructor first day of class)

Location: Hollywood Recreation Center, conference room [Map/Directions](#)



AUTISM SPECTRUM DISORDER SUPPORT GROUP OF SOUTHERN MARYLAND



A support group for parents/caregivers of people with Autism Spectrum Disorders. Group members share information and contacts. Guest speakers may present information on specific topics of interest. Meets the 3rd Wednesday of the month, 6:30 - 8:00 p.m. at the Coffee Quarter, California, MD.

For information, please contact Terri: 301-862-7535 / terri@autismsupport-somd.org or Tracie: 301-994-9945 / tracie@autismsupport-somd.org or visit our website at autismsupport-somd.org .

Continued on next page...

SIGN LANGUAGE FOR KIDS – RETURNING THIS FALL

We will learn some sign language by working with sign language books, games and videos. Handouts will be provided for students to keep. Parents and siblings too young for class are welcome to sit in. Class is geared for children ages 6 to 11. Contact instructor for allowable exceptions. (410-326-3828) Sharon Kaltwasser, instructor, has over 15 years experience teaching sign language to children.

ADULT SIGN LANGUAGE – RETURNING THIS FALL

Students will learn basic signing skills through instruction, interaction with each other, and the text. The text is "The Joy of Signing" by Lottie Riekehof; approximate cost is \$22.00. Students will be responsible for getting their own text, which can often be checked out at local libraries also. The text is an excellent resource and can even be used for future classes such as Intermediate and Advanced. Students would not have to purchase another text for more advanced classes. Text will not be needed for first class. Instructor: Sharon Kaltwasser, BSed of the Hearing Impaired, BSed Elementary Education.

SONG INTO SIGN – RETURNING THIS FALL

"Have you ever wanted to try and put a favorite song into sign language? Come and learn some techniques for doing just that. Prior knowledge of sign language helpful, but not required. Access to sign language texts helpful as well (library, purchase, etc.). Bring a song to the first class so you can begin working on it. Text of the song as well as the music itself will be very helpful. CD/tape player provided. Contact instructor (410) 326-3828 with additional questions. Instructor: Sharon Kaltwasser, BSed of the Hearing Impaired, BSed Elementary Education.